CURRICULUM VITAE

Wiraphol Phimarn Associate Professor Faculty of Pharmacy, Mahasarakham University, Thailand

Contact:

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Education:

2020	Certificate research fellowship (biochemistry), Showa University, Japan
2016	M.Sc. (Herbal medicine and natural product), Mahasarakham University, Thailand
2008	PharmD (Doctor of Pharmacy), Mahasarakham University University, Thailand

Position:

2008-2015	Lecturer, Faculty of Pharmacy, Mahasarakham University, Thailand
2015-2019	Assistant Professor, Faculty of Pharmacy, Mahasarakham University, Thailand
2019-Present	Associate Professor, Faculty of Pharmacy, Mahasarakham University, Thailand

Awards:

2013	Outstanding Alumni Award, Faculty of Pharmacy, Mahasarakham University, Thailand
2015	Outstanding teacher Award, Mahasarakham University, Thailand
2016	Award from The Professor Dr. Tab Nelanithi Foundation

Research grants:

2012	National Health Security Office Thailand grant
2017	Thailand Alcohol Policy Model Development

Research Interest:

Wiraphol is also interested in pharmacoepidemiology and quality of life in chronic disease especially cardiovascular disease patient according to cardiovascular disease is a major health problem worldwide. Moreover, Wiraphol interested in herbal medicine used in chronic disease. According to, patients' experiences of using herbal medicines are my other main area of research. The herbal medicine is an alternative treatment but there are many herbal products did not have the clinical effectiveness reported. Therefore, I have been studying the systematic review and meta-analysis to confirm herbal medicine effectiveness.

Selected Publications:

International:

- 1. Phimarn W*, Chamnanjit P, Anunworapunya W, Saramunee K. Efficacy and Safety of Baclofen for Treatment of Alcohol Dependence: An Updated Meta-Analysis and Meta-Regression Study. Indian J Pharm Sci 2022; 84 (1): 137-149
- 2. Phimarn W*, Sakhancord R, Saramunee K, Sungthong B. Efficacy of Vernonia cinerea (L) Less for smoking cessation: An updated meta-analysis of randomized controlled trials. J Herbmed Pharmacol. 2022;11(2):143-153. doi:10.34172/jhp.2022.19.
- 3. Phimarn W, Taengthonglang C, Saramunee K, Sungthong B. Efficacy and safety of Sahastara remedy for pain relief: A systematic review and meta-analysis of randomized controlled trials. J Herbmed Pharmacol 2021;10(4): 375-382.

- 4. Phimarn W*, Sungthong B, Itabe H. Effects of Triphala on Lipid and Glucose Profiles and Anthropometric Parameters: A Systematic Review. J Evid Based Integr Med 2021; 26: 2515690X211011038.
- 5. Phimarn W*, Sungthong B, Wichaiyo K. Efficacy and safety on Moringa oleifera on blood glucose and lipid profile: A meta-analysis. Pharmacog Mag 2021; 17 (74), 373
- 6. Phimarn W*, Wichaiyo K, Sungthong B, Saramunee K. A Meta-analysis of *Sphaeranthus indicus* and *Garcinia mangostana* Products on Cardiometabolic Outcomes in Obese Patients. Indian J Pharm Sci 2020; 82(3): 527-532
- 7. Sungthong B, Yoothaekool C, Promphamorn S, Phimarn W*. Efficacy of red yeast rice extract on myocardial infarction patients with borderline hypercholesterolemia: A meta-analysis of randomized controlled trials. Scientific Reports, 2020; 10 (1): 1-10.
- 8. Khanthaboon P, Kumbudda T, Poonsuk P, Taengthonglang C, Saramunee K, Phimarn W*. Factors Associated with Quality of Life and Glycemic Control in Diabetes Mellitus Type 2 Patients in Sangkha Hospital, Surin Province. Thailand. J Young Pharm, 2020; 12(2): 149-152.
- 9. Kangwanrattanakul K, Phimarn W*. A systematic review of the development and testing of additional dimensions for the EQ-5D descriptive system. Expert Rev Pharmacoeconomics Outcomes Res, 2019; 19 (4): 431-443.
- 10. Phimarn W*, Sungthong B, Saramunee K. Efficacy of Prasaplai for treatment of primary dysmenorrhea: a meta-analysis. Res J Pharmacogn, 2019; 6 (1): 71-80.
- 11. Phimarn W*, Ritthiya L, Rungsoongnoen R, Pattaradulpithuk W, Saramunee K. Development and Evaluation of a Pictogram for Thai Patients with Low Literate Skills. Indian J Pharm Sci 2019; 81(1):89-98
- 12. Phimarn W*, Wichaiyo K, Silpsavikul K, Sungthong B, Saramunee K. A meta-analysis of efficacy of *Morus alba* Linn. to improve blood glucose and lipid profile. European Journal of Nutrition 2017;56(4): 1509-1521. doi: 10.1007/s00394-016-1197-x
- 13. Phimarn W*, Paktipat P, Pansiri K, Klabklang P, Duangjanchot P, Tongkul A. Effect of Weight Control Counseling in Overweight and Obese Young Adults. Indian Journal of Pharmaceutical Sciences 2017; 79(1): 35-41
- 14. Saramunee K, Ploylearmsang C, Chaiyasong S, Phimarn W, Sookaneknun P. Unit cost of common illness management: a comparison between a primary care unit and a community pharmacy in Thailand. Primary Health Care Research & Development 2017;18(4):376-385. doi: 10.1017/S1463423617000172.
- 15. Phimarn W*, Kaewphila P, Suttajit S, Saramunee K. Depression screening and advisory service provided by community pharmacist for depressive students in university. Springer Plus 2015; 4(1): 1-12.

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